

# 2009 NeuroLeadership Summit

Spend time with some of the world's leading neuroscientists and leadership experts exploring new paradigms for developing today's and tomorrow's leaders.



October 27-29, 2009

UCLA Campus in Westwood  
Los Angeles, CA, United States








The Summit's two and a half day program is built around this year's theme "Toward Integration" with the topics designed to build on and develop the ideas presented at previous Summits.

## This Summit will:

- Give you access to cutting-edge research into human performance, in easy to understand terms
- Help you understand and manage your own brain better
- Show you how to use neuroscience within coaching, leadership and learning programs to dramatically increase your capacity to influence change

Register online at [www.NeuroLeadership.org](http://www.NeuroLeadership.org)

## Pre-Conference: Tuesday October 27

Time	Presentation	Speaker	Description
10.00am – 12.30pm	<b>NeuroLeadership Institute Annual Meeting</b> Open to all Summit attendees	  Led by David Rock and Al Ringleb, Ph.D.	
12.30pm – 2.00pm	<b>Break and Summit registration</b>		
2.00pm – 5.30pm	<b>A Neuroscience 101</b>	 Matt Lieberman, Ph.D.	An introduction to the basic anatomy and physiology of the brain, focusing on the areas most relevant to leadership
	<b>B Taking the Brain to School Workshop</b>	 John Joseph, Ph.D.	An interactive workshop on how to introduce brain science to kids
	<b>C Doing NeuroLeadership Research</b>	  Naomi Eisenberger, Ph.D., Daniel Radecki, Ph.D. and other panelists	What's new, how to interpret studies, how to plan studies
5.30pm – 8.30pm	<b>Cocktails and dinner</b>		
7.00pm – 8.30pm	<b>Opening Keynote: Mindfulness and the Integrated Brain</b>	 Daniel Siegel, M.D.	Mindfulness and harnessing the brain to create neural integration

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# PROGRAM

## Day One: Wednesday October 28

Time	Presentation	Speaker	Description
7.30am – 8.00am	<b>Guided attention session</b>		Enjoy a guided attention session led by the Mindful Awareness Research Center at UCLA
8.00am – 9.00am	<b>Breakfast</b>		
9.00am – 9.10am	<b>Welcome</b>		
9.10am – 10.00am	<b>Keynote 2: Stories About Leadership</b>	 Warren Bennis	Leadership lessons from one of the founding fathers of leadership development
10.00am – 10.50am	<b>Keynote 3: How Language Shapes the World</b>	 Werner Erhard	Insights from the transformative change expert on creating new world views
10.50am – 11.15am	<b>Coffee break</b>		
11.15am – 12.30pm	<b>Keynote 4: How We Decide</b>	 Jonah Lehrer	The cognitive struggle between the rational and other functions of the brain
12.30pm – 1.45pm	<b>Lunch</b>		
1.45pm – 3.15pm	<b>Breakout 1: How Organizational Change Happens</b>	 Art Kleiner and Cynthia Scott, Ph.D., M.P.H	New perspectives on how change occurs in large systems
	<b>Brain Assessments and Brain Training</b>	 Evian Gordon, Ph.D.	A look at emerging technologies for measuring and improving brain functioning at work
	<b>Breakout 2: Change in schools: case studies from K-12 and university</b>	 John Joseph, Ph.D. and Al Ringleb, Ph.D.	Presentations from two people making significant inroads into teaching about the brain in an educational setting
3.15pm – 4.15pm	<b>Connection time</b>		Case study and research poster session
4.15pm – 5.30pm	<b>Keynote 5: How We Know Each Other</b>	 Marco Iacoboni, Ph.D.	An exploration of how the “smart” cells in our brains allow us to understand others
5.30pm – 6.30pm	<b>Cocktails</b>		
6.30pm – 8.00pm	<b>Dinner at Faculty Center</b>		

8.00pm – 9.00pm	<b>Salon 1: The Fifth Revolution</b>	 Lone Frank, Ph.D.	Explore the influence of brain research on our understanding of self, ethics and other big issues
	<b>Salon 2: Neuroscience and Spirituality</b>	 Jeffrey Schwartz, M.D. – facilitated by Art Kleiner	An exploration of the links between the two fields

## Day Two: Thursday October 29

Time	Presentation	Speaker	Description
7.30am – 8.00am	<b>Guided attention session</b>		Enjoy a guided attention session led by the Mindful Awareness Research Center at UCLA
8.00am – 9.00am	<b>NeuroLeadership Institute update</b>		
8.00am – 9.00am	<b>Breakfast</b>		
9.00am – 10.30am	<b>Keynote 6: The Brain's Braking System</b>	 Matt Lieberman, Ph.D.	Explore the brain networks for inhibiting movement, emotions and other functions
10.30am – 11.00am	<b>Coffee break</b>		
11.00am – 12.30pm	<b>Breakout 3: Emotional Regulation Panel</b>	 Matt Lieberman, Ph.D., Joan Fiore, Ph.D. and Mark Goulston M.D.	A panel discussion of research findings on emotional regulation and how it integrates into leadership practices
	<b>Breakout 4: The Neuroscience of Engagement</b>	 Yiyuan Tang, Ph.D. and David Rock	The neuroscience of flow, employee engagement and motivation
12.30pm – 1.45pm	<b>Lunch</b>		
1.45pm – 3.00pm	<b>Keynote 7: Social Pain and Pleasure</b>	 Naomi Eisenberger, Ph.D.	An exploration into the neural basis of social connection
3.00pm – 4.00pm	<b>Connection time Practitioner sharing</b>		An open session for practitioners to share their brain based initiatives with each other
4.00pm – 5.30pm	<b>Making Change Stick with closing comments</b>	Al Ringleb, Ph.D., Evian Gordon, Ph.D., Daniel Siegel M.D. Facilitated by David Rock	What neuroscience tells us about creating change initiatives that stick
5.30pm onwards	<b>Informal drinks at The W Hotel, 930 Hilgard Avenue, LA</b>		