


2008 Sydney NeuroLeadership Summit

Recommended Reading List

Know yourself

- *The Mind and the Brain* – Jeffrey Schwartz
- *Brain Lock* – Jeffrey Schwartz
- *Know Thyself* – Craig Hassed
- *Mind, Matter and Quantum Mechanics* – Henry P. Stapp
- *The Mindful Brain: Reflection and Attunement...* – Daniel J. Siegel
- *The Attention Revolution: Unlocking the Power of the Focused Mind* – B. Alan Wallace
- *The Mindful Way Through Depression* – J. Mark G. Williams

Drive change

- *The Brain that Changes Itself* – Dr. Norman Doidge
- *Quiet Leadership* – David Rock
- *Personal Best* – David Rock
- *Making a Good Brain Great* – Daniel G. Amen
- *Made to Stick: Why Some Ideas Survive and Others Die* – Chip Heath and Dan Heath
- *The Biology of Belief* – Bruce H. Lipton
- *Train Your Mind, Change Your Brain* – Sharon Begley

Stay cool under pressure

- *Mozart's Brain and the Fighter Pilot* – Richard Restak
- *Handbook of Emotion Regulation* – James J. Gross
- *Why Zebras Don't Get Ulcers* – Robert M. Sapolsky
- *How the 'real world' Is Driving Us Crazy!* – Richard Hill

Make decisions and solve problems

- *On Intelligence* – Jeff Hawkins
- *The Executive Brain: Frontal Lobes and the Civilised Mind* – Elkhonon Goldberg
- *The Naked Brain: How the Emerging Neurosociety is Changing How We Live, Work, and Love* – Richard Restak
- *Stumbling Upon Happiness* – Daniel Gilbert

Get on with others

- *Social Intelligence* – Daniel Goleman
- *The Developing Mind: How Relationships and the Brain Interact...* – Daniel J. Siegel
- *Social Cognitive Neuroscience of Corporate Thinking* (Annals of the New York Academy of Sciences) – Carl Senior (Editor), Michael J. Butler (Editor)
- *Foundations in Social Neuroscience* (Social Neuroscience) – John T. Cacioppo
- *A General Theory of Love* – Thomas Lewis
- *Social Neuroscience: Integrating Biological and Psychological Explanations of Social Behavior* – Eddie Harmon-Jones (Editor), Piotr Winkielman (Editor)
- *Mirroring People: The New Science of How We Connect with Others* – Marco Iacoboni

Summaries of the brain

- *Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School* – John Medina
- *Second Nature: Brain Science and Human Knowledge* – Gerald M. Edelman
- *The Human Mind* – Robert Winston
- *Integrative Neuroscience – Bringing Together Biological, Psychological and Clinical models of the Human Brain* – edited by Evian Gordon
- *Proust was a Neuroscientist* – Jonah Lehrer
- *The Users Guide to the Brain* – John Ratey
- *Mind Wide Open* – Steven Johnson
- *Kluge: The Haphazard Construction of the Human Mind* – Gary Marcus
- *Best of the Brain from Scientific American: Mind, Matter, and Tomorrow's Brain* – Floyd E. Bloom (Editor)
- *My Stroke of Insight: A Brain Scientist's Personal Journey* – Jill Bolte Taylor

Education and the brain

- *Brain-Based Learning: The New Science of Teaching and Training*, Revised Edition
- *Teaching with the Brain in Mind*, Revised 2nd Edition – Eric Jensen
- *The Art of Changing the Brain: Enriching the Practice of Teaching by Exploring the Biology of Learning* – James Zull
- *The Neuroscience of Adult Learning: New Directions for Adult and Continuing Education* (J-B ACE Single Issue Adult & Continuing Education) – Sandra Johnson (Editor), Kathleen Taylor (Editor)
- *Becoming a "Wiz" at Brain-Based Teaching: How to Make Every Year Your Best Year* – Marilee B. Sprenger

Other

- *The Age of Heretics* – Art Kleiner
- *The Essence of Health* – Dr. Craig Hassed